



# Balcatta Bulletin

## Issue 3 2019

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# From The Principal



Term 3 has been another busy term for staff and students with a variety of activities that have involved the wider school community. Not only have students been engaging well in their studies, they have also been involved in many different sporting and cultural activities throughout the term. We have received very positive feedback about our students' contribution and achievements in many community events outside the school and I would like to congratulate the students for their participation and efforts, and the staff members who have supported and encouraged them.

As you read through this edition of the Bulletin, you will see the large number of academic enrichment activities, events and competitions in which the students have participated and achieved success. Some of the highlights this term includes:

- Year 9 students showcasing their work in the Opti-MINDS Sustainability Challenge. Both teams performed well, with one of the teams being selected to attend and participate in the State finals (only three teams selected from each division).
- Year 7 Electronics Club's students have developed their skills which they proudly demonstrated at the championship races for remote self-constructed Micro:bit vehicles.
- Year 9 girls participated in the 'Maths Empowering Girls' event which was hosted by The Mathematical Association of WA and Edith Cowan University.
- Year 9 and Year 10 girls invited to participate in Science, Technology, Engineering and Maths (STEM) workshops held at North Metropolitan TAFE.
- ICAS testing has commenced for a number of students.

A number of our Gifted and Talented Visual Art students continue to have success with their work being selected for various exhibitions, which is very competitive. This year we have two finalists in the Lester Prize for Portraiture (formerly the prestigious Black Swan awards). Planning is underway as we head towards celebrating our 40th anniversary of our Gifted and Talented Visual Art Program on Saturday 2 November 2019.

'Euphoria 2019' showcased our very talented music and dance students. Due to the demolition of our Performing Arts Theatre, the whole production was moved to the Adriatic Centre. The Year 12 students managed the two nights of the dance concert as this is part of their course requirements.

I am very proud of our Music students, as this is the second year of this program. The choir and guitar ensembles performed in their first external public competition events. Both groups received glowing feedback from the judges and were awarded Outstanding and Excellence certificates.

As an Act-Belong-Commit school, we continue to offer activities and initiatives that promote mental health and well-being. Such activities have included a range of lunch time activities including drumming, music and dance performances, indoor soccer competitions, table tennis and mindfulness sessions. From 9 September to 13 September, we have arranged our own school Act-Belong-Commit week which included a range of engaging activities, including a food drive which involves collecting food donations for Foodbank.

## International Education

The school has been invited to be part of the State Government's International Education Strategy to increase the number of students from overseas coming to study in Western Australia. Our school, along with 12 other State Government schools, is being marketed to various international countries. Marketing material produced by the State Government promoting WA schools will be distributed at International Expos, one of which has happened in Vietnam and the next is planned to be held in China. I am delighted and thrilled to announce that our international Year 12 student Hugh Zhang was selected to provide written and video testimonials that will be used in the forthcoming Expo in China.

## Building Upgrade

The new building upgrade to the school is progressing well. There have been many builders on site with much activity occurring. The transformation of the site is growing rapidly, with new steel frames, footings, wall panels and the installation of infrastructure around the school.

At the end of the term, we will be saying farewell to our current Year 12 students. The ATAR students will be sitting mock exams in the last week of Term 3. These exams will give the students valuable feedback on the revision, preparation and study they will need to do for the final WACE exams in November. For those leaving us at the end of their schooling, we wish them all the best with their future endeavours, whether it be joining the workforce or furthering studies at TAFE or university. On behalf of the whole school community, I send our best wishes to students sitting the end of term and final examinations. I also thank staff who have encouraged and supported the Year 12 students on their journey from their first year at Balcatta Senior High school and prepared them so well for their future life after school.

I thank staff members for their professionalism and hard work during the term and all you have done to help the students achieve their best. I wish staff and students a successful end to the term and a relaxed and safe holiday.

Helen Maitland  
Principal





# Special Events

## Choral Festival

On Sunday 18 August the following students attended the Western Australian Government Schools' Choral Festival 2019 held at Churchlands SHS. They were awarded an Excellence Certificate in the Novice Choir Division. They also received an 'Outstanding' ranking for Response to Director in the feedback. Thanks to Bronwynn Sprogowski, IMSS teacher for directing our students, enabling them to perform at their best.

The aim of the festival was to:

- provide a choral performance opportunity for all secondary students
- give choirs an opportunity to hear others perform
- provide each choir with constructive comments from informed adjudicators.

Each participating choir was presented a program of up to two songs with a performance time of up to 10 minutes and received an adjudication consisting of written comments and a certificate indicating its level of performance.

Year 7 – Gabi Brazer, Kya Cross, Hayley Gillies, Hannah Sharma, Pooja Sharma

Year 8 – Mali Frazer, Lale Shahin

Year 9 – Reese Abastillas, Zoë Thatcher, Sabrina Tengku

Year 10 – Tina Li

The students have commenced rehearsals for the Passion Project which will be held at the University of WA on Thursday 19 September.



Ms Sprogowski with her choral students

## Guitar Ensemble Festival

On Saturday 24 August, the following students attended the 31st Western Australian Classical Guitar Ensemble Festival 2019 held at Carine SHS. They were awarded an Outstanding Certificate. The students played three music selections and were directed by Steven Sutherland, IMSS teacher.

Year 7 – Carmen Diep, William Gath, Kaiser Htat, Annikka Virgo

Year 8 – Catherine Borgogno, Asha Budalich,

Callum Case-McGlade



Mr Sutherland and Mrs Maitland with the guitar ensemble

## Opti-MINDS

This year we had two groups of Year 9 students who started the Opti-MINDS Challenge. The challenge is an opportunity for all those with a passion for learning and problem-solving to showcase their skills and talents in an exciting, vibrant and public way. The rapidly increasing and widespread involvement of thousands of participants demonstrates that Opti-MINDS is not only a valuable and worthwhile investment in the education of our citizens, but is also an integral part of our collective future. Students met every Wednesday for five weeks to complete the challenge. The Opti-MINDS Creative Sustainability Challenge is an inclusive team challenge which EMPOWERS participants to THINK, CREATE AND COMMUNICATE. This year students were challenged to build a 'loop to loop' that is 1.5 metres high in which a ball can travel around the loop. All participants attended Curtin University on Saturday 31 August 2019 to showcase their structure. Congratulations to the following students from Team 2 who qualified for the State finals on Saturday 21 September: James Edwards, Bhavana Joshi, Jarrad Rodin, Choki Wangchuk, Marko Saltamarski, Jonny Smith, Miguel Jacinto and Django Nelson.



James Edwards and Django Nelson building their 'loop'

## Lunch at Parliament House

On Monday 2 September, Year 11/12 Coordinator, Mr David Curtis and Year 12 prefects, Suhasi Patel, Elroy Gelok, Symon Legacion and Hassan Hassan attended a lunch at Parliament House. They were invited to this event by Mr David Michael MLA. The students had the opportunity to view some of the rooms of Parliament House and ask questions of the local MLA members.



Hassan Hassan, Symon Legacion, Suhasi Patel and Elroy Gelok

# Our People

## Elroy's Achievements in 2019

Elroy has completed a large amount of volunteering this year which has led him to great opportunities which he has used to become a very active member in the community. His involvement in the latest Federal election campaign had totalled over 300 hours of volunteering. Doorknocking, phone calling and sign waving for the Labor Stirling campaign, he has been able to network with many politicians and even work in the local State MP's office twice this year. Elroy is excited to take on the State election campaign in 2021.

His involvement in his community has spanned all government levels through his participation in Stirling Youth Advocates, a youth community engagement group, which is based in the City of Stirling. Being an official member since its inception, he has assisted in the planning of many events for the city.

Elroy's involvement in youth mental health has been one of his biggest achievements of his volunteering, working with Headspace to promote a younger and people friendly environment. This opportunity has led him to be a part of a national youth advisory council in Orygen, the national centre of excellence in youth mental health, where, in September he was sent to Melbourne to be inducted into the two-year position. This will see him flying to Melbourne twice a year. He is excited to take on the opportunity to improve the mental well-being of young people in WA and greater Australia. Hundreds of hours volunteering and large amounts of community involvement have all been enhanced by his role as a Year 12 prefect.



**Elroy Gelok**

## Ex-Student Returns to Balcatta

Ex-Head Prefect, Domonique Barone (Domi) returns to Balcatta SHS as a Practice Teacher. Dom graduated from Balcatta SHS (Class of 2017) and worked with the Debating Club in 2018 while she was completing her first year of an education degree and her Certificate in Dance Teaching. She assisted with all teams, working with students from Years 7 to 12 on debate preparation, coaching students on speaking, research and preparation strategies. She was invaluable to the success of all teams, most of which were participating in the Western Australian Debating League for the first time.

Dom assisted several dance classes, teaching and choreographing, as well as assisting backstage at our performances. Her experience as a former student of the Specialist Dance Program and her knowledge of performance expectations enabled her to successfully mentor current students.

Dom is currently studying for her Bachelor of Education (Secondary Education) – Pre-service Teacher through Curtin University and is undertaking a placement at Balcatta SHS within the Science Department. As well as providing stimulating lessons in Science, she has fitted in extremely well.



**Domonique Barone**



# Curriculum News

## Maths Empowering Girls

On Tuesday 2 July, the Mathematical Association of WA and Edith Cowan University organised a 'Maths Empowering Girls' Day for Year 9 girls across the metropolitan area. This event aimed to empower girls to recognise and take up some amazing opportunities that studying higher level maths can present for them. It offered an exciting program of inspirational speakers and hands-on maths activities as well as the opportunity to speak to a range of professionals to hear how maths has empowered their own careers. Eleven of our students attended this event and found it very enjoyable. Their aim was to inspire more girls to choose higher level maths and to develop the skills to understand how maths and mathematical thinking impacts their careers and everyday life.



Year 9 students at excursion

## Career Expo Visit

On Friday 16 August, Year 10 and Year 12 students attended a Career Expo at the Perth Convention and Entertainment Centre. The expo had all five WA universities in attendance as well as a variety of training and alternative educational organisations. It was a fantastic opportunity for students to talk in one place with people from these organisations.



Babita Nagra, Year 10 student

## Short Courses for Credit Program

During the July school holidays, Edith Cowan University offered free courses introducing Year 11 and Year 12 students to university life, to give them an engaging, hands-on experience in their course of choice. The students learnt about the different pathways into university and experienced teamwork collaboration and networking with fellow students, recent alumni and industry members. Congratulations to the following Year 12 students who took part in the Short Courses for Credit Program at Edith Cowan University.

A Certificate of Completion for Scriptwriting Short Course was awarded to Chloe-Bree Schmiedte.

Certificates of Completion for Fashion Short Course were awarded to Hashim Edwards, Stephanie Jacob and Joel Gizzarelli.



Scriptwriting Short Course - Chloe-Bree Schmiedte



Fashion Short Course - Hashim Edwards, Stephanie Jacob, Joel Gizzarelli

# Curriculum News

## Health Expo

On Friday 28 June, Ms Kirsty Johnson's Year 11 Health Studies class put on fantastic displays for the annual Health Expo. The students, together with external organisations, came together to promote all things 'Health'. They worked throughout Term 2 in groups where they had to come up with an interactive stall that would educate students and teachers about lifestyle diseases. These are diseases that could be prevented if we changed certain things about our lifestyle. It may be changing our diet and exercise levels, quitting smoking, protecting ourselves in the sun or learning self-monitoring techniques to detect illness and disease in the early stages. Each stall needed to come up with relevant giveaways, an interactive game or activity and informative posters and pamphlets. The expo was very well-received by all staff and students and everyone left the event with lots of fun freebies but also with invaluable knowledge. There were plenty of organisations in attendance such as the WA Police, Act-Belong-Commit, Donate Life, St John's Ambulance, Subiaco Football Club, Hepatitis WA, Roseworth Dental Therapy Centre, WA AIDS Council, Young Carers, Helping Minds and Royal Perth Hospital. The students involved felt a huge amount of pride in what they had presented. They also learnt that educating others can be very empowering. The students displayed great interaction with staff and students on the day. So much work went into this event and Ms Johnson has received very positive feedback. We look forward to seeing this event again next year.



**Dion Ambler, Nik Currie, Lisa Lin and Gemma Scharf**



**Ms Dainton with Leroy Sassine, Blake Robertson and Austin Machin**

## Children's Book Week

Our Year 7 Gifted and Talented Visual Art students and Years 8 and 9 English classes attended a workshop at Osborne Library to celebrate Children's Book Week on Friday 23 August. The workshop was called 'Reading Is My Secret Power' and was conducted by award winning young adult author A.J. Betts. The focus of the workshop was to enhance students' engagement in reading and writing as well as developing their cooperative learning skills.



**Year 7 G&T students with author AJ Betts**

## Building & Construction Renovation Project

Our Year 12 Building and Construction students have been busy working on the redevelopment of the Staff Room courtyard. Students have been laying blocks for the raised garden bed and seating area on the side of the courtyard. On the back wall area, they are laying blocks for the foundations of the pizza oven and preparation bench. The students are not only learning the necessary skills to build these structures, but have also conceived, designed and drafted the plans for these structures themselves, and are now getting to see their ideas taking shape. Looking forward to wood-fired pizzas at the end.



**Mr Schmiedte with Year 12 Building & Construction**



# Curriculum News

## Year 9 Beauty and Styling

Our Year 9 Beauty and Styling students have completed a nutrition topic, focusing on 'Eating to Promote Healthy Skin'. They made two nutritious snacks with a budget of only \$5.00 by researching, planning, costing, placing orders, making their snacks and documenting the whole process.



## Year 12 Careers Dress Up Day

Some of our Year 12 students dressed up for future careers day! We had two artists, barista, dancer, several doctors, film director and media entrepreneur, martial arts instructor, miner, musician, air force officer, navy officer, two nurses, programmer, several tradies and a yoga teacher!



Year 12 students representing many career paths

## Electronics Club

On Monday 19 August, the Year 7 Electronics Club held the championship race for their self-constructed Micro:bit remote controlled vehicles. The event was held in the library and was attended by parents and siblings. The following students received prizes for getting a place in one of the two races.

### Race 1

First Place – Tennyson Dragicevich and Antony Mojas

Second Place – Jaeger Peters

Third Place – Nelson Thoo and Devin Smith

### Race 2

First Place – Dario Bobanac

Second Place – Keduse Tadesse and Ahmed Wario

Third Place – Hannah Sharma and Pema Namgyel

It was enjoyable seeing the students obtain success by designing and constructing their own models. When asked what the students had learnt, one student responded "never give up". His team had been doubtful about their creation's ability. They still entered the race and went on to obtain a place in one of the two races.



Students preparing for their race



Dario Bobanac - First Place winner

## 'Bloom' Restaurant

As part of their assessment, Ms Malcolm's Year 12 Certificate II in Hospitality students turned their classroom into a pop-up restaurant called 'Bloom' during Week 7 and Week 8. They served a spring-inspired menu with a main course choice of grilled chicken breast or lamb kofta and for dessert, a choice of apple pie or chocolate mousse. Students acted as waitresses and served their peers and teachers who were their customers. The quality of food produced by the students was amazing and they should be proud of the effort they put into this task.



Apple Pie made with icecream and apple centre

# Curriculum News

## Girls in STEM

On Friday 6 September, eight of our top Year 9 and Year 10 students attended a Girls in STEM event held at the North Metropolitan TAFE. The Honorary Sue Ellery, Minister for Education, gave an opening address outlining the importance of encouraging girls to study STEM subjects, particularly in the ATAR years, as these strive to prepare students for careers that require this important skill set.

Our students attended five different sessions:

Session 1 - Animation - introduced students to a program that allowed them to create an animated fish swimming across the screen.

Session 2 - Cosmetic Chemistry - saw the students make their own lip balm from coconut oil and beeswax (getting the correct ratio of these two ingredients was sometimes tricky!).

Session 3 - Laboratory Technology - was an opportunity for the students to work on their microscope skills as they conducted a hair analysis exercise. Did you know that two very similar looking hairs can look incredibly different under the microscope?

Session 4 - Paper Electronics - put the girls' physics knowledge to the test! Here, they were shown how to construct a circuit using a small battery, copper tape and a little LED to create a greeting card that lights up.

Session 5 - 3D Sculpting - was definitely a favourite! Students learnt how to use a digital sculpting program called ZBrush and created some incredibly imaginative pieces.

And seeing the Minister for Education show off her favourite STEM invention – a 'selfie' stick – was also a treat.



Mr Downie, Mrs Hoy and STEM students



Minister for Education Hon. Sue Ellery takes a 'selfie'



Students making their own cosmetics

## Psyched@UWA Excursion

The School of Psychological Science at the University of WA is seeking to grow their engagement with schools that teach psychology. On Friday 30 August, they invited schools to participate in Psyched@UWA, an immersion event on their campus for psychology teachers and Year 10 to Year 11 students studying psychology. At the event, students and teachers participated in a series of activity sessions with university staff and students, learning about current topics of importance in psychological science. Also included was a session on career pathways with information on how students apply to study psychology (e.g. entry requirements, course structure). Teachers were provided with materials they can use to disseminate information to non-attending students. Students will thus learn more about psychology, and how to pursue a career in psychology, in a fun and interactive way. The event also aimed to provide inspiration and information for teachers to enrich their teaching of psychology. The following Year 11 students participated in this event: Lily Johnston, Neeyanta Nakarmi and Zirui Wang.



Mr Aird with Year 11 students



# Art News

## 2019 Outside the Frame Art Awards

Six of our Year 11 and Year 12 students were selected to showcase their artwork in 2019 Outside the Frame Art Awards. Approximately 100 artworks from emerging young artists were on display at the City of Armadale's 20th annual Outside the Frame Art Awards exhibition on Saturday 10 August to Sunday 18 August at the Armadale District Hall. The exhibition was open to students in Year 11 and Year 12 across the Perth metropolitan region, with students being able to enter work in six categories: painting, drawing, prints, sculpture, textiles, digital media/ photography and mixed media. This exhibition showcased some of the best contemporary artwork by young artists and was originally established as a platform to help develop young artists. City of Armadale Mayor Henry Zelones OAM, JP said the exhibition allowed the community to celebrate emerging young talent in the region while showcasing a cultural asset of the community.

"The City recognises the importance for talented young artists to have their works showcased to the public. It is essential to support and develop our young people from the very start of their careers and opportunities like Outside the Frame where students partake in a professionally curated exhibition, visited by hundreds of people from around Perth, will inspire them to continue their skills outside of the classroom.

Congratulations to the following students who submitted artwork:  
Year 11 – Meg Bradsell, Grace Kang, Gabriel Martinez  
Year 12 – Philip de Jong, Torren Whisson, Harriet Williams

Congratulations to Year 12 student, Torren Whisson who was presented with the Textiles Excellence Award for her artwork titled 'Rise of a New Light'. Torren also won the People's Choice Award.



Mrs Maitland and Torren Whisson



Artwork titled 'Rise of a New Light'



Photographic artwork by Harriet Williams



## St George's Art Exhibition

St George's Art Exhibition is 17 years old this year. This year's exhibition was held at St George's Cathedral on Saturday 20 July to Sunday 28 July 2019. Each year the exhibition gathers momentum as one of the most important art education events on the Western Australian student art calendar, and provides an outstanding opportunity for secondary schools to present students' work in the unique 'gallery' of St George's Cathedral, Perth. Our Gifted and Talented Visual Art students, Meg Bradsell and Grace Kang of Year 11 and Torren Whisson of Year 12, entered their artwork in this competition.



Grace Kang with her artwork



Torren Whisson with her artwork

## META 2019 Exhibition

Congratulations to Harriet Williams whose photography work was selected for the META 2019 Exhibition at Gallery Central, which was presented by North Metropolitan TAFE (NMT) and showcased innovative and exciting creative works completed by Year 11 and Year 12 students enrolled in Visual Art/Design or Media courses. META complements North Metro TAFE's prestigious art, design and photography programs and acknowledges the excellence and originality of budding artists/designers/photographers in senior secondary schools across WA.

# Art News

## The Young Originals Exhibition

Four of our students had their artwork selected for The Young Originals Exhibition which was held on 11 August to 23 August at Gallery 25, ECU Mt Lawley.

The exhibition was funded by the Western Australian Secondary Schools' Executive Association (WASSEA) and Sangora Education Foundation, in partnership with Edith Cowan University, School of Art and Humanities and the Department of Education.

After a highly competitive entry round and comprehensive judging process, we are delighted to confirm that the following artworks from our school have been selected for exhibition:

- 'Homage to Morandi' by Jonny Smith
- 'Island Daisy Blue' by Riscia Vinta
- 'The Gaze' by Melina Hosseinzadeh Oroumi
- 'Boys Can't Be Abused' by Meg Bradsell



'Boys Can't be Abused' by Meg Bradsell



'The Gaze' by Melina Hosseinzadeh Oroumi

## The Lester Prize for Portraiture Youth Awards

The Black Swan Prize now has a new identity known as The Lester Prize for Portraiture Adult and Youth Awards. It was created by a community of passionate people, fuelled by a shared vision to support artists and to engage the community to embrace visual arts. It recognises the past but, more importantly, looks towards an amazing future.

Two of our Gifted and Talented Visual Art students, Melina Hosseinzadeh Oroumi of Year 10 and Torren Whisson of Year 12 are finalists in The Lester Prize for Portraiture Youth Awards. Melina's painting of her brother Berhad titled, 'The Gaze' was painted in her Saturday morning art classes with tutor Mark Tweedie. Torren's self-portrait, 'Scrutinise the Surface' was the artwork she submitted to the National Gallery of Australia for the Summer Arts Scholarship, which she attended earlier this year. Such a great achievement for both girls.

One of our Gifted and Talented Art tutors, Torsten Knorr has been selected in The Lester Prize for Portraiture Adult Award. His painting is of Jamie Arkeveld.

The Lester Prize Main Awards Exhibition will be held in the historic Centenary Galleries at the Art Gallery of Western Australia, Perth Cultural Centre from 9 November to 9 December 2019.



'Scrutinise the Surface' by Torren Whisson



Past Gifted and Talented Visual Art students help us celebrate:

**40th Anniversary Celebration for  
Gifted and Talented Visual  
Art Program**

**Saturday 2 November 2019, 11.30am – 1.30pm**

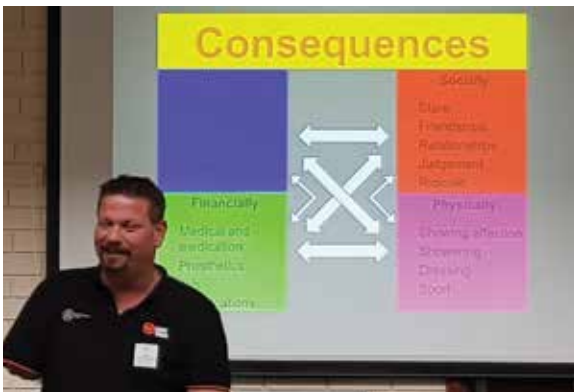
RSVP: 08 9345 8200 or [balcatta.shs@education.wa.edu.au](mailto:balcatta.shs@education.wa.edu.au)



# Student Services News

## 'The Right Track'

On Friday 30 August, Jonathan Beninca (Jono) presented 'Right Track' to the Year 9 students in the library. 'Right Track' is a Public Transport Authority (PTA) program all about safer travel and encourages young passengers to become more responsible for their own safety and to make positive choices. The aim of the program is to help young people understand why there is a code of behaviour for public transport by looking at the rights and responsibilities of all passengers. They do this through youth engagement activities as well as through a school education program which is endorsed by the School Curriculum and Standards Authority. This presentation was part of their school education program. Jono lost his right arm and right leg, as well as three fingers on his left hand through a train accident when he was young. Regretting his decisions, he now visits schools and encourages students to think about the decisions they make and how they can have very long term effects. Jono shared some of his very personal stories and how he now reacts to issues and other people positively rather than negatively as he did when he was young. Trains can take about 800 metres to come to a complete stop when the brakes are applied, emphasising the importance of staying off train lines. He also gave some advice about telephone use and road safety. Despite all the negatives that happened to Jono, he shared that he has now moved on and learnt his lesson. He shared a lovely photo of his family, including his wife and two children and ended the presentation by advising students to have fun but make smarter choices.



Jonathon Beninca, presenter of 'Right Track'

## 'Red Frogs' Support our Years 12s

On Tuesday 3 September, our Year 12 students were presented with information about the Red Frogs Leavers' support program. Red Frogs educates young people on safe partying behaviour and promotes alcohol-free and/or diversionary activities that engage young people in certain environments. Red Frogs is a youth support network with thousands of volunteers who support young people from the ages of 13 to 30. They are present at all major school leavers' functions, music concerts and sporting events across Australia. Our students were informed about drug and alcohol free events in the iconic Leavers Zone Dunsborough and Meelup Beach in the South West. Red Frog volunteers not only support school leavers, they also cook pancake breakfasts and host BBQs, clean rooms, hang out with Leavers and help in situations that require mediation and referral.



'Red Frogs' presentation to Year 12 students

## Act-Belong-Commit Week

As an Act-Belong-Commit school, we 'got active' this August, by challenging teachers and students to make small changes each day that will have them feeling great. Active August was Act-Belong-Commit's new campaign, encouraging people across WA to get active for their mental health and well-being, not just being physically active but also socially, spiritually and mentally active. The campaign aimed to motivate and inspire people to take simple, yet significant actions to improve their mental health and help them form habits that can keep them mentally healthy in the long term. Act-Belong-Commit's Active August was one way to start changing the narrative when it comes to mental health, by shifting the focus from treatment of illness to the prevention, promotion and preservation of good mental health. This means developing, keeping or changing habits as we go through life to keep mentally healthy.

Week 8 was Act-Belong-Commit Week at Balcatta SHS and we celebrated with many activities during Lunch 1 and Lunch 2 in which students participated with enthusiasm. Some of the activities included:

- R U OK? Day – Thursday 12 September
- Music and Dance performances



Shaelyn Dowsett and Caitlyn Dordieski

# Transition News

## Primary School Spelling Bee

On Thursday 27 June, as part of our transition program, Balcatta SHS held a Spelling Bee which was attended by Osborne, Takari and West Balcatta Primary Schools. The students thoroughly enjoyed the morning.

The winning team was West Balcatta A who were awarded a trophy and certificates.

Second place: Takari B

Third place: West Balcatta B

Thanks to Tessa Whiting and her assistants for organising this wonderful event.



Winning team - West Balcatta A



Takari A team



Mali Frazer reading out some spelling words to the students

## Primary School Art Competition

On Wednesday 14 August, we hosted the fourth Primary School Art competition between our local intake primary schools, Balcatta, West Balcatta, Osborne, Takari and Tuart Hill Primary Schools. The theme of this competition was 'Portraits'. The event was well-attended, with well over a hundred parents, students and primary school staff.

Thanks to Gifted and Talented Visual Art Coordinator, Sherree Tomlinson for all her work in coordinating this event, especially working and supporting the primary school teachers.

Certificates were presented for Excellence and Merit to a student from each school and year group, as well as Principal's Merit Award for a student from each school. Certificates were also awarded to one student for Principal's Award and People's Choice Award. Congratulations to these award-winning students:

### Principal's Award

Year 6 Takari PS – Diti Patel

### People's Choice Award Winner

Year 6 Tuart Hill PS – Lilly French



Principal's Award - Diti Patel, Year 6 Takari PS



Artwork by West Balcatta Primary School



Certificate of Excellence and People's Choice Awards Winner - Lilly French, Year 6 Tuart Hill PS standing under her artwork



# Health & Phys Ed News

## Whole School Athletics Carnival

On Thursday 5 September, Balcatta SHS held their annual athletics carnival. The weather was perfect and students dressed in their House colours and novelty costumes. They ran, threw objects and jumped to score points for themselves and their House. In between events, they were kept extremely busy at a host of novelty events. The Year 12 students dressed in an array of 'disguises' and, despite handicaps such as being dressed as a chicken, they attempted to break some school records.

## RESULTS

House	Place	Points
Fire	First	1,432
Ice	Second	1,429
Water	Third	1,384

Group	Award	Name
Year 7 Girls	Champion	Minaida Peters
	Runner Up	Alivia King
Year 7 Boys	Champion	Zeth Everingham
	Runner Up	Matheus Barone-Major
Year 8 Girls	Champion	Angelina Rufov
	Runner Up	Kiara James
Year 8 Boys	Champion	Harri King
	Runner Up	Zack Hatch
Year 9 Girls	Champion	Marina Minic
	Runner Up	Eloise Vlatko-Rulo
Year 9 Boys	Champion	Rocco Liberti
	Runner Up	Marc Fakos
Year 10 Girls	Champion	Jessica Santich
	Runner Up	Tahlia Wells-Vasile
Year 10 Boys	Champion	Shreyas Ganguly
	Runner Up	Jack Nixon
Year 11 Girls	Champion	Ashleigh Curedale
	Runner Up	Janet Pazhooparambil and Melissa Josevski
Year 11 Boys	Champion	Mikael Sisko
	Runner Up	Jarrold Hunton
Year 12 Girls	Champion	Hannah Okumu
	Runner Up	Talia Litchfield
Year 12 Boys	Champion	Jesse Susac
	Runner Up	Thomas Vlatko-Rulo

The school wishes to acknowledge the P&C for the donation of gifts purchased from the collection of Coles vouchers earlier this year. The students practised for the big day using the purchased equipment, yellow shot puts, foam javelins and mini hurdles.



Matheus Barone-Major using the foam javelin



Year 9 students - Matthew Davies and Anthony Stojanovski



Year 7 students - Zoe Heath, Rachel Mackman and Kalani Kaiser



Character Tug-o-War



Teachers join in the relay race



Teletubbies minus one



Ms Vig with Year 12 students in costume



# The Best Day





# y of the Year







# Balcatta Bulletin